

Hillsborough County Public Schools Virtual Benefits & Health Fair

Join Us On Saturday, September 26!

9:00 a.m. – 12:00 p.m.	Live Presentations and Chats	
	Humana Representatives	<ul style="list-style-type: none"> • Medical • Pharmacist • Dental and Vision • Go365 • Humana Medicare Advantage
	HCPS Representatives	<ul style="list-style-type: none"> • Insurance and Retirement
	Voluntary Benefits Representatives	<ul style="list-style-type: none"> • Tax Shelter Accounts • Employee Assistance Program • Life Insurance • Short- and Long-Term Disability
9:00 a.m. – 9:30 a.m.	Wellbeing Around the District	<ul style="list-style-type: none"> • Champions Share Wellbeing Culture around the District
9:30 a.m. – 10:00 a.m.	Family Fitness Workshop	<ul style="list-style-type: none"> • Ask our certified personal trainer your questions and get the whole family moving in this live demo!
10:00 a.m. – 10:30 a.m.	WW (formerly Weight Watchers)	<ul style="list-style-type: none"> • Questions and Answers
10:30 a.m. – 11:10 a.m.	Cook Along Kitchen	<ul style="list-style-type: none"> • Join the live cooking class
11:10 a.m. – 11:30 a.m.	Discover Diabetes Management	<ul style="list-style-type: none"> • Amy Meldrum, Humana’s Nurse Advocate for HCPS, shares how you can follow a path to wellbeing along with your diabetes management journey. And earn Go365 Points.
11:30 a.m. – 12:00 p.m.	Wellbeing Around the District	<ul style="list-style-type: none"> • Hear from district leaders on the 4 pillars of wellbeing – physical, emotional, social, & financial